Certainly! Here's a Hero's Journey framework template tailored for self-assessment during year-end appraisals:

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### Hero's Journey Self-Assessment Template

#### 1. The Ordinary World

\*\*Description:\*\*

Reflect on your starting point at the beginning of the year. Describe your initial role, responsibilities, and mindset.

- \*\*What were your main responsibilities at the start of the year?\*\*

- \*\*What skills or knowledge did you possess?\*\*

- \*\*What were your initial goals and aspirations?\*\*

#### 2. The Call to Adventure

\*\*Description:\*\*

Identify the key challenges or opportunities that presented themselves.

- \*\*What new projects or responsibilities were you assigned?\*\*

- \*\*What opportunities for growth or change did you encounter?\*\*

#### 3. Refusal of the Call

\*\*Description:\*\*

Consider any initial hesitations or obstacles you faced.

- \*\*Were there any challenges or fears that made you hesitant?\*\*

- \*\*How did you overcome these initial doubts?\*\*

#### 4. Meeting the Mentor

\*\*Description:\*\*

Acknowledge the guidance and support you received.

- \*\*Who were your mentors or key supporters?\*\*

- \*\*What advice or resources did they provide?\*\*

#### 5. Crossing the Threshold

\*\*Description:\*\*

Describe the moment you committed to the journey and took on new challenges.

- \*\*What actions did you take to move forward?\*\*

- \*\*How did you step out of your comfort zone?\*\*

#### 6. Tests, Allies, and Enemies

\*\*Description:\*\*

Reflect on the trials you faced and the allies who supported you.

- \*\*What were the significant challenges or obstacles you encountered?\*\*

- \*\*Who were your allies, and how did they help you?\*\*

- \*\*What strategies did you use to overcome these challenges?\*\*

#### 7. Approach to the Inmost Cave

\*\*Description:\*\*

Describe a period of intense preparation or significant effort.

- \*\*What was the most challenging project or task you faced?\*\*

- \*\*How did you prepare for and tackle this challenge?\*\*

#### 8. The Ordeal

\*\*Description:\*\*

Identify a major hurdle or turning point.

- \*\*What was the most critical moment of the year?\*\*

- \*\*How did you handle this situation?\*\*

#### 9. The Reward

\*\*Description:\*\*

Reflect on the successes and achievements.

- \*\*What were your major accomplishments?\*\*

- \*\*What skills or knowledge did you gain?\*\*

- \*\*How did you contribute to your team or organization?\*\*

#### 10. The Road Back

\*\*Description:\*\*

Consider the journey back to your regular responsibilities with newfound wisdom.

- \*\*How did you integrate your new skills and knowledge into your daily work?\*\*

- \*\*What changes did you make to improve your performance?\*\*

#### 11. The Resurrection

\*\*Description:\*\*

Describe your transformation and growth.

- \*\*How have you evolved professionally and personally?\*\*

- \*\*What new perspectives or insights have you gained?\*\*

#### 12. Return with the Elixir

\*\*Description:\*\*

Reflect on how your journey benefits your team and organization.

- \*\*How have your experiences and growth positively impacted your team?\*\*

- \*\*What best practices or lessons can you share with others?\*\*

- \*\*What are your goals for the next year, based on this journey?\*\*

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This template should help you structure your self-assessment in a narrative format, highlighting your growth, challenges, and achievements throughout the year.